

# Harmony Ministries USA, Inc.

*"The Word Made Alive"*

*Living the  
Spirit  
Filled  
Life*





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# Learn to *LIVE*

## *Pastor Owen L. Alston*

“On the last day, that great day of the feast, Jesus stood and cried out, saying, “If anyone thirsts, let him come to Me and drink. He who believes in Me, as the Scripture has said, out of his heart will flow rivers of living water” (John 7:37-38).

In this text, we see in Jesus a demonstration of the passion that He has for life, not so much for himself but for us. Jesus thoroughly understands His purpose and mission on the earth, which is briefly out lined in John 10:10, “The thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have it more abundantly.” This life begins as we come into right relationship with Jesus Christ; that’s when we are born again and filled with the Holy Spirit. This is made clear when Jesus says “if anyone thirsts, let him come to Me and drink.” The outward flowing river of living water is the life of God flowing out of us as a result of us becoming united with Jesus.

I believe that this is a key area where many people miss the mark, because they are seeking life without first developing right relationship with Jesus. Luke 12:31-32 says, “Seek the Kingdom of God above all else, and he will give you everything you need. So don’t be afraid, little flock. For it gives your Father great happiness to give you the Kingdom.” (NLT) To live this life of fullness not only requires right relationship with Jesus Christ,



but also we must understand our position as sons of God, and what that actually means. “And because you are sons, God has sent forth the Spirit of His Son into your hearts, crying out, “Abba, Father!” Therefore you are no longer a slave but a son, and if a son, then an heir of God through Christ (Galatians 4:6,7). God has positioned us to inherit His own life, for all that the Father has belong the son. “And he said to him, ‘Son, you are always with me,

*and ALL that I have  
is yours* (Luke 15:31).





Once we are enlightened through the Word which The Father has provided for us, we must go after it and take possession of it by faith. The Bible makes it very clear that “the just shall live by faith,” and we are going to have to understand that we are not going to have life any other way. It will be God’s way or no way.

Living by faith is not difficult once we understand the principles of faith. We live in a natural environment and we think that we have to do everything and that everything has to make sense so-to-speak. That is not the way faith works. The Bible says that faith is to Believe and Speak and it shall be. “For assuredly, I say to you, whoever says to this mountain, ‘Be removed and be cast into the sea,’ and does not doubt in his heart, but believes that those things he says will be done, he will have whatever he says. Therefore I say to you, whatever things you ask when you pray, believe that you receive them, and you will have them (Mark 11:23,24). Again look with me if you will at II Corinthians 4:13, “And since we have the same spirit of faith, according to what is written, ‘I believed and therefore I spoke,’ we also believe and therefore speak....” The effectiveness of your faith is not determined by what makes sense or how you may feel, but rather by what you believe and say.

Now that we have some enlightenment on the principles of faith, you can understand why I said living by faith is not difficult. You simply go to the Word and see what God says about life in His word, believe it and speak it and you shall have whatever the Word says you can have. Here is a wonderful example of what I am saying: “My son, give attention to my words; Incline your ear to my sayings.

Do not let them depart from your eyes; Keep them in the midst of your heart

for they are life to those who find them and health to all their flesh” (Proverb 4:20-22). This wonderful life that Jesus has purchased for us is available to anyone who will receive it. There is a great difference in just going to church or just going through the motions and living the abundant that Jesus is talking about. You must go after this and learn to fight the good fight of faith because you have an adversary who is betting against you. If you will learn to stand your ground, you will always win. “No weapon formed against you shall prosper and every tongue which rises against you in judgment you shall condemn. This is the heritage of the servants of the Lord and their righteousness is from Me,” says the Lord (Isaiah 54:17).



# Evidence of the Spirit-Filled Life

by Cindy T. Brown



*But the Holy Spirit produces this kind of fruit in our lives:*

*love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. There is no law against these things!*  
Galatians 5:22 (NLT)



When we are yielded to the Holy Spirit our lives reflect the attributes of the Holy Spirit.

However, when we are operating under human nature, our lives reflect the exact opposite of the Holy Spirit. Therefore, we can easily differentiate Holy Spirit-yielded believers from others.

Perhaps an easy way to think of a Holy-spirit led life is to look at your life objectively if you can, and notice whether you are abounding in blessings, or if you are living amidst any type of angst or misery. When you are living a Holy-spirit led life, then even during times of trials and tribulations you remain hopeful and optimistic, because you understand that these times are temporary and that God will turn all your troubles around for your good when you remain steadfast in Him. But it is also just like Daniel and his friends believed, and like them you too can be buoyed during difficult times in knowing that even if God, for whatever reason, does not deliver you from the issues of life, then to be absent from the flesh is to be present with the Almighty God; and when we focus on this, then it is impossible for Satan to steal your joy!



Love is the foremost attribute of the Holy Spirit because Jesus is love, and love encompasses all of the other attributes of the Holy Spirit.

Love is joy, that feeling of contentment, pleasure, and well-being within yourself as it pertains to your personal world.

Love is peace, devoid of anxiety for or over anything, and secure in the knowledge that whatever may come, you ultimately will be fine.

Love is patience, the ability to wait calmly and expectantly for your desires to manifest.

Love is kindness, consisting of acts done for and/or toward others without contemplating any gain or benefit for yourself.

Love is goodness, acknowledging and embracing God's nature within yourself so that you accurately portray His kingdom.

Love is faithfulness, being true to God's word, and honoring Him in all areas of your life.

Love is gentleness, never intentionally harming others.

Love is self-control, being ever conscious of how Jesus would react in any given situation, and always seeking to emulate Him even when it is contrary to our fleshly desires.

Tell-tale signs of a life in turmoil include dissatisfaction, malcontent, anger, chaos, drama, and lack. However, all is not lost! If this is your life, and you are sick and tired of being sick and tired, then you can easily turn your circumstances around. All you have to do is ASK God to fill you with the Holy Spirit, and He will do it! It is truly that simple!

Here is a simple prayer to pray to be filled with the Holy Spirit:

*Heavenly Father, I pray that you saturate me with the Holy-spirit  
and spiritual wisdom, knowledge, and understanding to strengthen me  
and encourage me to come confidently and expectantly unto your throne, seeking You  
first in everything that I think, and say and do.  
In Jesus' name I pray. Amen!*







## loving others as Christ loves us.

By Yvonne Shaw

Before we can love one another with the love of Christ we have to know the meaning of that love... *agape love*. Agape love is something inward which shows itself in actions. AGAPE love is most clearly seen in God's giving His Son to die for us while we were yet sinners. This is the love that Christ showed to us when He died on the cross for our sins so that we would become sinless. ***"But God showed his great love for us by sending Christ to die for us while we were still sinners" (Romans 5:8)***. This kind of love is not based on feelings but comes as a result of having an intimate relationship with Christ Jesus and as we express our unwavering love for Him, He teaches us how to express that same kind of love for one another.

We show God we love Him through our obedience to His word. The more we study the Bible, the closer our relationship with Christ becomes. God provided us with the best instructions on how to live a full and productive life and it's all written and available for us in the Bible. As our obedience to God's word increases, our relationship with Christ increases and our love will continue to grow.

***"So now I am giving you a new commandment: Love each other. Just as I have loved you, you should love each other. <sup>35</sup> Your love for one another will prove to the world that you are my disciples." John 13:34-35***

Loving others is the only way to keep God's love flowing in our hearts. This is a precious gift given to us that should never be taken for granted. Because we love Christ we are to demonstrate that same kind of love freely to one another in action. This type of love is not occasional when we are in the mood; it's always and it's unconditional. Love left dormant becomes stagnant like a pool of water with no outlet, basically dead water, but God's love (agape love in action) releases a freedom in our lives where we are strife free, without offenses or confusion but walking in unity.

God's love initiates, maintains, and reconciles relationships. It is only through Christ that we are able to unconditionally forgive and forget what others may have done to us. When God cleanses and heals us by His love, He enables us to forgive and wipe away all division and discords that only His Love can do and unite us as one!

***"I have given them the glory you gave me,***



*so they may be one as we are one. I am in them and you are in me. May they experience such perfect unity that the world will know that you sent me and that you love them as much as you love me."*

*John 17:22 -23*

Ephesians 3:17-19 tells us when we are true to God's word, he will dwell within our hearts and live with us, *"Then Christ will make his home in your hearts as you trust in him. Your roots will grow down into God's love and keep you strong. And may you have the power to understand, as all God's people should, how wide, how long, how high, and how deep his love is. <sup>19</sup> May you experience the love of Christ, though it is too great to understand fully. Then you will be made complete with all the fullness of life and power that comes from God."*

Christians are commanded to love one another. It is not a question of whether or not we want to love other believers. It is our Lord's command. Not to love another believer is disobedience to God. Love is a commandment that Jesus gave to us;

we love one another. We can't read and believe these scriptures (God's word) and still think it is acceptable to *not* love one another.

*"This is my commandment: Love each other in the same way I have loved you." John 15:12*

*"For the whole law can be summed up in this one command: "Love your neighbor as yourself." Galatians 5:14*

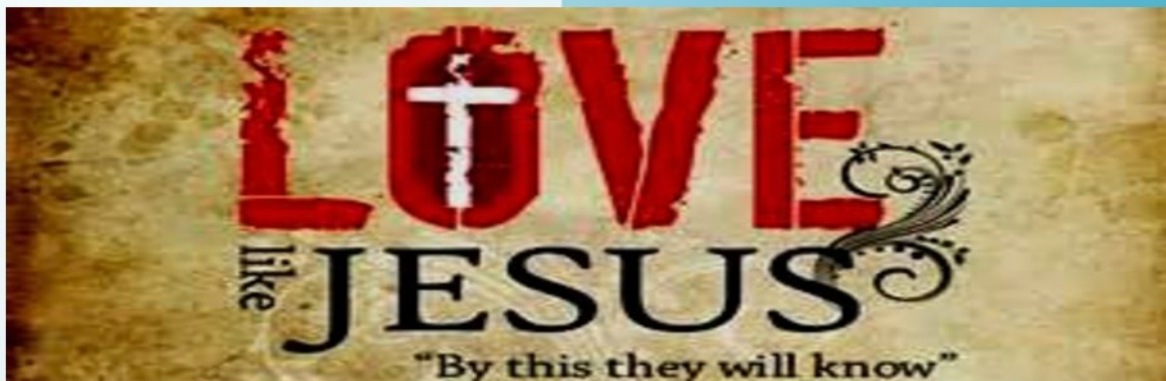
*"This is the message you have heard from the beginning: We should love one another." 1 John 3:11*

*"And he has given us this command: Those who love God must also love their fellow believers." 1 John 4:21*

*"Most important of all, continue to show deep love for each other, for love covers a multitude of sins." 1 Peter 4:8*

*"This is my command: Love each other." John 15:17*

These commandments that we love one another is given with special importance by our Lord. Jesus said that obedience to His



it's not an option if we are going to be obedient to God's word: loving one another as God's children is what we do. In ourselves (our flesh) we are not capable of that kind of love. But God never commands us to do anything without equipping us with the ability to do so.

The Bible gives us so many scriptures that show us where God commands that

commandments will identify us as His disciples.

*"By this shall all men know that ye are my disciples, if ye have love one to another." John 13:35*

If we decide not to walk in love and are disobedient to God's word then He also tells us:

*"We love each other because he loved us first."*



*If someone says, "I love God," but hates a fellow believer, that person is a liar; for if we don't love people we can see, how can we love God, whom we cannot see?" 1 John 4:19 - 20*

How does God enable us to love one another with His love? He gives us the indwelling Holy Spirit. The same Spirit that dwells in the Father and in the Lord Jesus now dwells in us. That love which is in God's heart flows to us and through us to others by the power of the Holy Spirit.

*"And this hope will not lead to disappointment. For we know how dearly God loves us, because he has given us the Holy Spirit to fill our hearts with his love." Romans 5:5*

God's love flows through us to others as we yield ourselves to Him to be vessels for His love. He makes it possible for us to say to others, *"I love you because God has placed within me His wonderful love for you."* This AGAPE love is so powerful that it can enable us to love even the unlovable. We have to remember when we interact with others we are to display the characteristics of Christ. What type of *LOVE* are you displaying?

*No one has ever seen God. But if we love each other, God lives in us, and his love is brought to full expression in us. And God has given us his Spirit as proof that we live in him and he in us. 1 John 4:12 - 13*





# Member Spotlight

Member Spotlight  
Wesleyan 2009  
Jan Bright

Samkelisiwe Dennis traveled a great distance to come to Harmony. Born in South Africa, she arrived in the United States in 2008, at the age of twenty-five, to work at Six Flags Great Adventure in Jackson, New Jersey. Sam recalls "It was just me in Jesus. I left everything and everybody I've ever known." "Sam", as we know her, met Ryan Dennis who was stationed at the Lakehurst naval base that same year. Smiling, Sam recalls, "He was really impressed with my accent." The two fell in love and were married in September 2009. When Sam asked Ryan to find a church for them to attend, he immediately thought of Harmony Ministries because he had seen Pastor Owen Alston at the naval base. Sam recalls her first impression of Harmony, "I liked it a lot. The people were very friendly and welcoming. It felt very good to be here." Seven years later, Sam admits, "Attending Harmony has changed everything in my life. It is exciting to see the Word come alive. It has changed the way I speak, the way I think, and the way I look at things. I realize I don't need to worry. I am in the world but not part of the world. I don't have to try to fit in. I don't have to try to be like everyone else." Now she is happy to have a personal relationship with Jesus "instead of being religious." Sam, along with Danielle Lloyd, is in charge of Harmony's Purity Program where young people are taught to value themselves and maintain their purity until marriage. When Pastor asked her to lead the Purity Program, Sam "was nervous at first. I had never done anything like this before. I went from being nervous to letting God be in control and the volunteers make it easier." Sam is passionate about the Purity Program. "I want the young people to do better and not repeat mistakes already made. I want them to know it's not about them. Their bodies don't belong to them. They must commit to God and He will provide a spouse. They must realize that they are different. They are sacred. They can be better and do better. My hope is that this group will be good examples to their friends. They can be seed sowers, not statistics." Sam also

serves on the Harmony Women's Fellowship committee. She enjoys getting to know the other women in the church and learning from them. One of her favorite Scriptures is Romans 12:2 NLT, "Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect."

When asked to give a testimony, Sam responded, "My whole life has been a testimony. God has always shown Himself strong to me." This was especially true when Sam's mother died after a brief illness. "This was a difficult time for me in October 2006. I cried to God for comfort and He gave me comfort, peace, and hope. I buried my mother and the Lord assured me that she was all right. She had fought the good fight of faith and she was alive with Him. This experience made me grow fast. Before she passed my mother had frequently told me to travel abroad so I decided to honor her desire and left South Africa in 2008."

In her spare time, this busy mother of Phila,5, and Ryan Jr.,2, enjoys cooking, baking, shopping, the beach, and listening to the Word. She especially loves to pray and intercede for people as the Holy Spirit leads her. As for the future, Sam sees herself "healthy, fit, and fabulous for Jesus." She would like



**Samkelisiwe Dennis**

to have her own business in construction or real estate and she would like to travel with her family and do missionary work abroad.

Looking back at her new life in her new country, Sam says, "I went through good and bad experiences, but God never left me. I didn't always acknowledge His presence, but He never gave up on me. And because He never gave up on me, He got my attention. Now I am His forever. Jesus Christ is my life." This truth is readily apparent to anyone who talks with this lovely young woman.



# UNDERSTANDING THE FLESH

By Deborah Peniston

**H**uman beings... that's what we are, created in the image of God, spirits living in flesh and blood. We live in a physical world and therefore need a physical body. We were fearfully and wonderfully made. Our bodies have the capability to do the unimaginable, as seen in the greatest of athletes. Our minds have the capacity to expand, seeing into new inventions and constantly changing the world around us. Jesus even said greater works we would do.

Then what's the problem?

Paul said, "...but I am carnal, sold under sin. For what I am doing, I do not understand. For what I will to do, that I do not practice; but what I hate, that I do. If, then, I do what I will not to do, I agree with the

law that it is good. But now, it is no longer I who do it, but sin that dwells in me. For I know that in me (that is, in my flesh) nothing

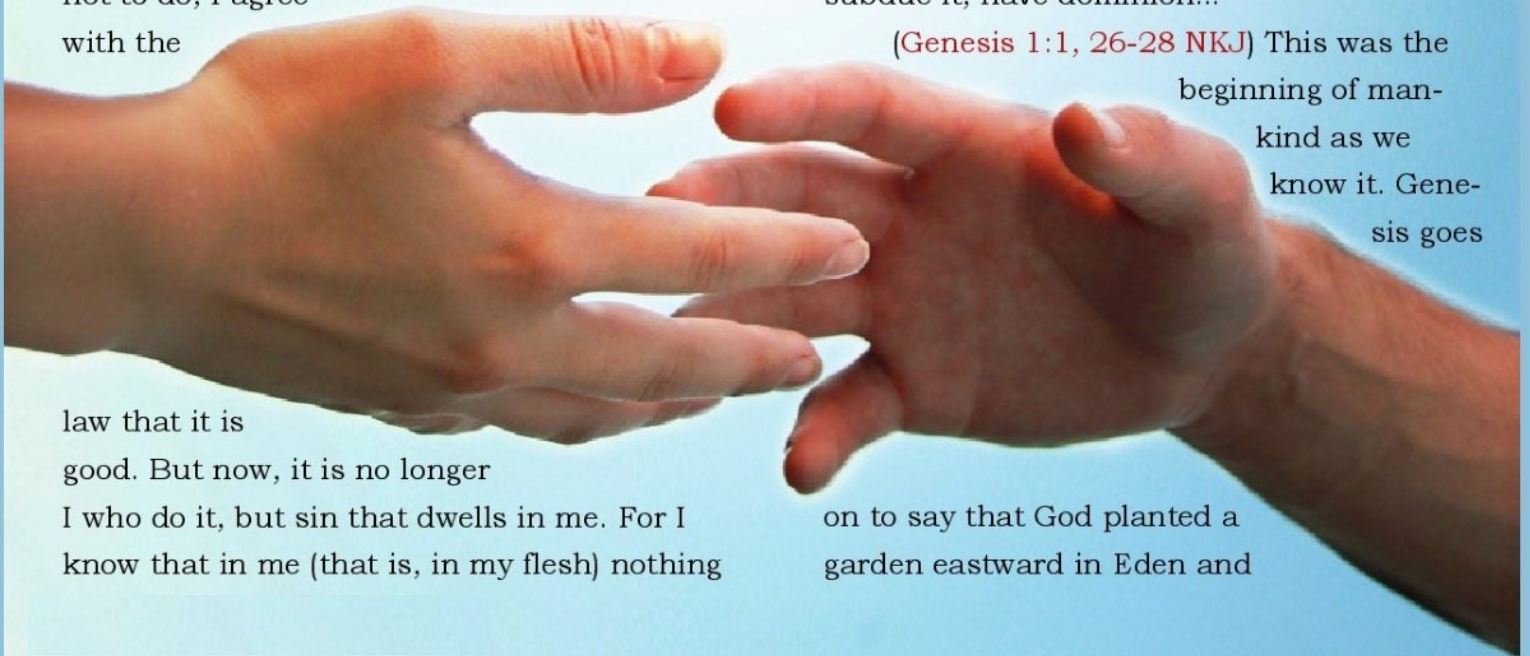
good dwells; for to will is present with me, but how to perform what is good I do not find. For the good that I will to do, I do not do; but the evil I will not to do, that I practice. Now if I do what I will not to do, it is no longer I who do it, but sin that dwells in me." ([Romans 7:14b-20 NKJ](#))

Paul is stating the plight of fallen man. To understand fully, we need to return to the Garden.

In the beginning God created the heavens and the earth and that He did. Then God said, "Let us make man in Our image, according to Our likeness... So God created man in His own image; in the image of God He created him; male and female He created them. Then He blessed them, and God said to them, "Be fruitful and multiply; fill the earth and subdue it; have dominion..."

([Genesis 1:1, 26-28 NKJ](#)) This was the beginning of mankind as we know it. Genesis goes

on to say that God planted a garden eastward in Eden and





there He put Adam, the man He created. Man was even given a woman, a helper comparable to him. Adam and his wife, Eve lived in paradise with every need being met. They communed with God, had a relationship with Him. All that God did was good.

Adam had a perfect relationship with God. His physical life was united with his inner self. His inner self was united with God. He had significance, a divine purpose. He belonged to God and knew it. All of his needs were provided for meaning he had a sense of safety and security. Now fast forward to Genesis Chapter 3 which describes the fall of man and the effects of the fall. Adam and Eve lost that perfect relationship with God. They even lost their understanding of God. They actually thought they could hide from Him. They experienced spiritual death or separation from God and were removed from the garden. Now every human born into this world is born into sin, physically alive, but spiritually dead. As a result, mankind is dominated by negative emotions, like fear and anxiety. People are confronted daily with too many choices. Mankind became weak and helpless experiencing rejection,

guilt and shame.

*(Stomping Out the Darkness by Neil T. Anderson and Dave Park)*

All of mankind inherited this sinful nature. It doesn't matter who you are or how good you think you are. It is the condition of man at birth. It is the stain of sin inherited from Adam. It makes clear the need for a Savior, who would restore us back to that original state God intended for His people in the Garden of Eden. Too many times, people minimize sin by denying the sin nature. People say I'm a good person, I don't sin, meaning they don't kill, steal, do drugs, or commit adultery (you know... those obvious sins). Remember, what is not a sin in our eyes can be a sin in God's eyes. Any immoral act against His divine law is sin. Yes, those little things we do, like judging others, gossiping, operating in pride or selfishness, and causing strife are sin. We don't mean to do them, and we definitely don't mean any harm when we do them. What did Paul say? "For the good that I will to do, I do not do; but the evil I will not to do, that I practice. Now if I do what I will not to do, it is no longer I who do it, but sin that dwells in me." **(Romans 7:19, 20 NKJ)**

This is the sin nature, a curse that started with the fall of man. Paul also says that he would not have known sin except through the law. The law wasn't given to condemn man but to point to the need for a Savior. Those who think they are inherently good, have no need for a Savior. They live good, clean lives. They choose to do what's right in their eyes. We could lay Galatians 5:19-21 before them... *Now the works of the flesh are evident, which are: adultery, fornication, uncleanness, lewdness, idolatry, sorcery, hatred, contentions, jealousies, outbursts of wrath, selfish ambition, dissensions, heresies, envy, murders, drunkenness, revelries, and the like; of which I tell you beforehand, just I also told you in time past, that those who practice such things will not inherit the kingdom of God.* They would say, that's not me. I don't do those things. Then there are those who say, yes that's me, I've done all of that. Well, Paul goes on to state, "I find then a law, that evil is present with me, the one who wills to do good. For I delight in the law of God according to the inward man. But I see another law in my members, warring against the law of my mind, and bringing me into captivity to the



law of sin which is in my members. O wretched man that I am! Who will deliver me from this body of death?"

(Romans 7:21-24) It appears hopeless, then he says, "I thank God—through Jesus Christ our Lord! So then, with the mind I myself serve the law of God, but with the flesh the law of sin."

(Romans 7:25)

Only now can he (we) have hope because we acknowledge it's **not me but Christ** in me. He becomes my focus, not my sin and so I can deny my flesh. I accept Him as my Lord believing He died in my place. He bore ALL sin and nailed it to the cross. We reign in life because of Him, "who Himself bore our sins in His own body on the tree, that we, having died to sins, might live for righteousness—by whose stripes you were healed." (I Peter 2:24)

"There is therefore now no condemnation to those who are

in Christ Jesus, who do not walk according to the flesh, but according to the Spirit. For the law of the Spirit of life in Christ has made me free from the law of sin and death." (Romans 8:1, 2) Christ condemned sin in the flesh, that sin nature, and we are now back in right standing with God. We have been spiritually reconnected. We can enjoy a rich relationship, living a Spirit-filled life with Him right now, here on earth!



# Health Maintenance: Summer Hydration

by Marilyn Phillips RN MSN

## We are wonderfully and fearfully made

The human body is a great masterpiece created by a loving and marvelous God. Each person is so unique to God that He thought about us even from the very beginning of times. He made all the delicate, *inner parts of our bodies and knit them together* (Psalm 139:13). Because God has taken such wonderful pleasure and workmanship in His creation, He desires for us to live healthy and blessed lives. He said, *“Beloved, I pray that all may go well with you and that you may be in good health as it goes well with your soul.”* (3 John 1:2)

The Holy Spirit is our guide to maintaining health. Our relationship with God will transform our mind and give us the wisdom to maintain good health. The Holy Spirit will also guide us into every area of our health that is specific to our own bodies. The knowledge for maintaining a strong and healthy body derives from God. God has blessed us with all spiritual blessings in heavenly places.

As we enter into the summer months it is very important to keep our bodies well hydrated. Our bodies depend on water to function properly. Each organ, cell, and tissue needs water to work correctly. Obtaining adequate fluids is important whether playing sports, sitting in the sun or just traveling. Thirst is not the only indicator to hydrate our bodies. Eight to six glasses of water may be sufficient for most people; however-

er this may vary with individuals, as some people may need more than eight glasses to stay well hydrated.

Water is the best option to stay well hydrated. Other drinks and foods may assist in this process but may add extra calories to your diet. Fresh fruits like watermelon, cantaloupe, citrus and strawberries are high in fluid content. Vegetables such as lettuce, spinach, carrots, tomatoes, and cucumbers also help in keeping the body adequately hydrated.

Tips for staying hydrated...

Keep a bottle of water with you during the day. Purchasing bottled water is expensive and creates plastic bottle waste. A better option may be to carry a reusable water bottle and fill it from the tap instead.

If you don't like the taste of plain water, try adding a slice of lemon or lime to your drink. Be sure to drink water before, during, and after a workout.

When you're feeling hungry, drink water. Thirst is often confused with hunger, but true hunger will not be satisfied by drinking water. Drinking water may also contribute to a healthy weight-loss plan. Some research suggests that drinking water can help you feel full.

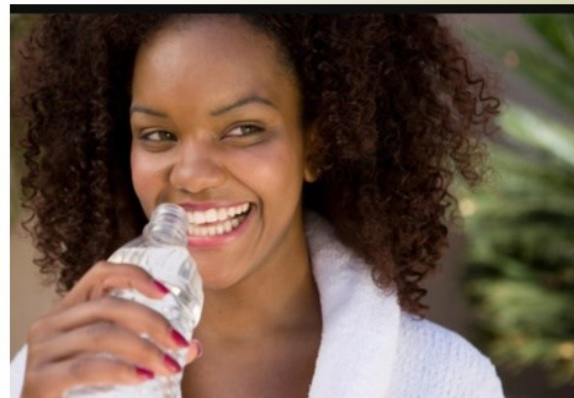
If you have trouble remembering to drink water, drink on a schedule. For example, drink water when you wake up; at breakfast, lunch, and dinner; and when you go to bed. Or drink a small glass of water at the beginning of each hour.

Drink water when you go to a restaurant. It will keep you hydrated, and it's free!

*~ Have a blessed, happy and healthy summer! ~*







# WATER

The diagram shows a human figure with internal organs and muscles highlighted in various colors. Lines connect text boxes to specific parts of the body, illustrating the physiological functions of water.

- COMPOSES 75% OF YOUR BRAIN
- REGULATES YOUR BODY TEMPERATURE
- MAKES UP 83% OF YOUR BLOOD
- REMOVES WASTE
- COMPOSES 22% OF YOUR BONES
- CUSHIONS YOUR JOINTS
- HELPS CARRY NUTRIENTS AND OXYGEN TO YOUR CELLS
- MOISTENS OXYGEN FOR BREATHING
- HELPS CONVERT FOOD TO ENERGY
- PROTECTS AND CUSHIONS YOUR VITAL ORGANS
- HELPS YOUR BODY ABSORB NUTRIENTS
- MAKES UP 75% OF YOUR MUSCLES





# Why Repentance?

By Brenda Benjamin

**A**nd Peter answered them, Repent (change your views and purposes to accept the will of God in your inner selves instead of rejecting it) and be baptized, everyone of you in the Name of Jesus Christ for the forgiveness of and release from your sins; and you shall receive the gift of the Holy Spirit” (Acts 2:38 AMP-Classic).

According to the Word of God, repentance is an opportunity for us to stay on course with the will of God for our lives. It enables us to evaluate where we are at any given time and change our direction to line up with God’s views and purposes. He has given us the free gift of the Holy Spirit to guide us into all the truth (the whole, full truth), (John 16:3). This is the grace and mercy of God not to leave us without a divine course of action to take and the precious gifts of forgiveness and repent-

ance to carry out His plan for our lives.

There is much power in walking in a constant state of forgiveness and repentance. It has opened up a whole new world for me. A life which is dictated by The Holy Spirit within becomes richer, sweeter, loving, freer and more productive. This is a new way of life for me, because I was once very critical, judgmental, faultfinding, selfish and self-centered. But, thank God for Pastor’s teaching us this past year about the freedom and joy in forgiving and finding no fault in others or ourselves. It has changed my life and my relationships on every level. It has caused me to see people in an entirely different light, the light of the Blood of Jesus and the guidance of the Holy Spirit through the Word of God. (Galatians 5:25-26). Giving the Word of God first place and making it the final authority has allowed for correction and adjustments so that I can stay on course, be

quick to repent, receive forgiveness and be cleansed from all unrighteousness when I miss the mark. (1 John 1:9).

Forgiveness and repentance are the protection, which keep the devil from gaining access into our lives, families, finances and health. Ephesians 4:27 AMP-Classic exhorts us “Leave no (such) room or foothold for the devil ( give no opportunity to him).” He is always looking for a way to gain access to “kill, steal and destroy” in the lives of God’s children. After suffering many years from anxiety, suicidal depression and migraine headaches, it is glorious to be free from that yoke of bondage, and I am never going back. I will “stand fast therefore in the liberty by which Christ has made us free and [I will] not be entangled again with a yoke of bondage”(Galatians 5:1).

I praise God for His love, mercy, grace, kindness and longsuffering that has given me and every be-



**\*\*\* PRAYER OF SALVATION \*\*\***

**DO YOU KNOW...?**

GOD LOVES YOU

JESUS DIED FOR YOUR SINS

YOU CAN RECEIVE JESUS NOW AND KNOW GOD'S LOVE

The basis of the Prayer of Salvation comes from Romans 10:9-10, "If you confess with your mouth the Lord Jesus, and shall believe in your heart that God has raised Him from the dead, you shall be saved."

However, I would like to direct you to Ephesians 2:8-9, "For by Grace are you saved through faith; and that not of yourselves: it is the gift of God; Not of works, lest any man should boast."

Grace is mentioned over 100 times in the Bible. Grace is God's unmerited favor and because of God's grace, we receive eternal life and a promise of heaven. Grace is necessary for salvation as we cannot do enough good works or make enough right choices to earn our salvation. The Bible teaches that we are justified by the grace of God (Romans 3:24; Titus 3:7). Justified means declared not guilty. When we accept Jesus as our Lord and Savior, all charges against us are dropped and we are free from sin. When God forgives our sins, the record is wiped clean. It is as if we had never sinned.

A preacher once explained grace with this acronym:

**God's - Riches - At - Christ's - Expense**

**PRAY THIS PRAYER OUT LOUD:**

Heavenly Father, In Jesus' name I repent of my sins and open my heart to let Jesus come inside of me. Jesus, You are my Lord and Savior. I believe you died for my sins and you were raised from the dead. Fill me with your Holy Spirit. Thank you Father, for saving me in Jesus' name. Amen.

If you've prayed this prayer of salvation with true conviction, you are now a follower of Jesus.

Welcome to the family of God! We encourage you now to find a local church where you can be baptized and grow in the knowledge of God through His Word, the Bible.

By: Jacqueline Cuavers





# INTRODUCING ASK THE PASTOR

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We are excited to announce a new column in the next issue of the Harmony News Magazine. Ask the Pastor will feature questions sent by readers and answers provided by **Pastor Owen Alston** or **Assistant Pastor Dennis Adams**

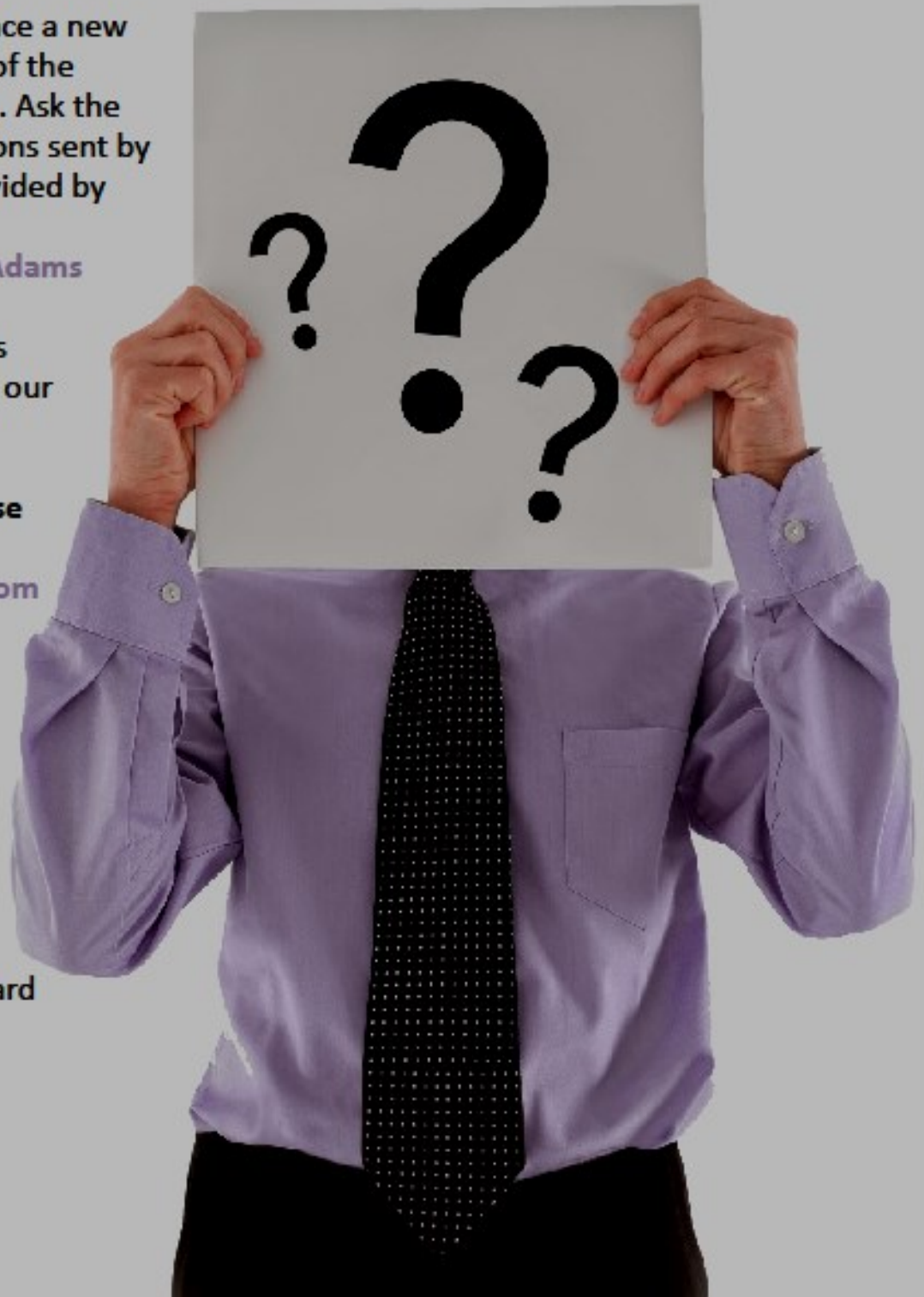
We all have had questions about the Bible, our God, our faith.

**Now you can submit those questions to:**  
[harmonyoffice@yahoo.com](mailto:harmonyoffice@yahoo.com)

**subject line:**  
**Ask the Pastor,**  
**with or without your name**

We reserve the right to select and edit the questions for our publication. We look forward to hearing from you.

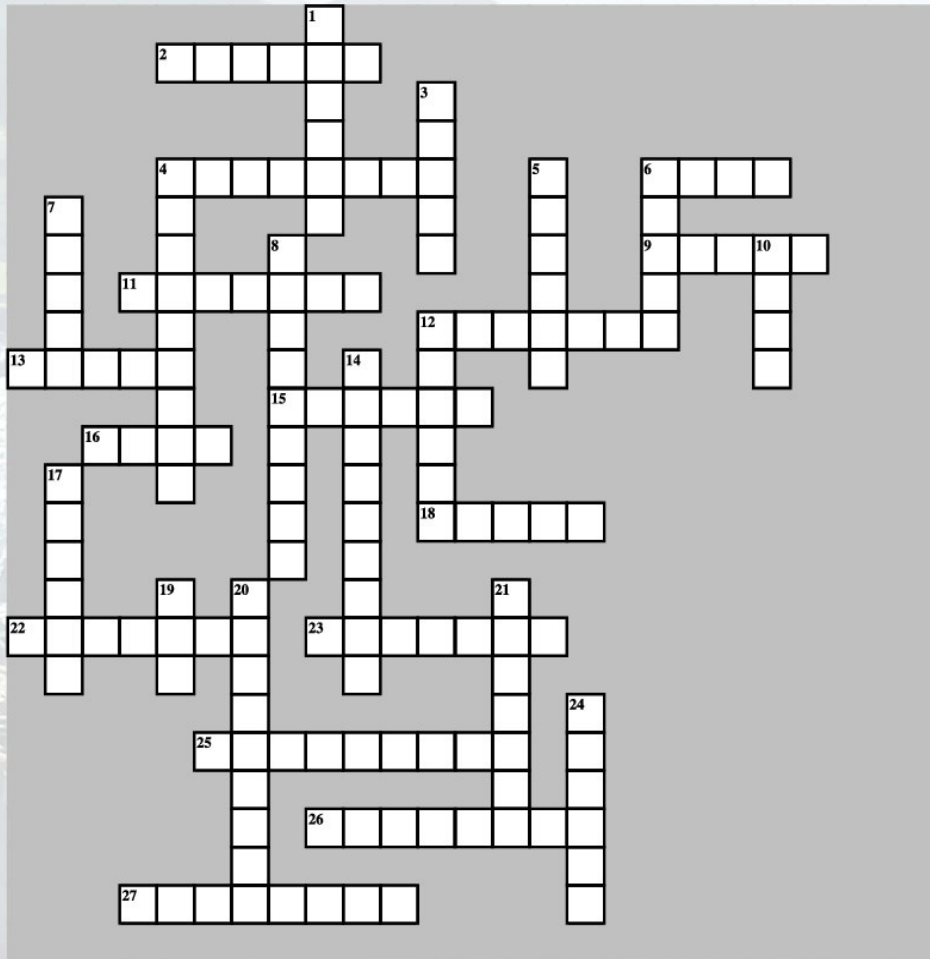
The Magazine Staff





# Crossword Puzzle

## In the Beginning Was the Word



### Across

- 2 A river in Palestine.
- 4 Who has power to become a son of God?
- 6 Animal Messiah is like.
- 9 Nathanael had none.
- 11 John gave this concerning the Word.
- 12 Moses said Messiah would be one of these like himself.
- 13 The son of Jonah.
- 15 What John saw descending from Heaven like a dove.
- 16 Born by the will of God.
- 18 Andrew's brother.
- 22 John did this with water.

- 23 Ladder upon which Jacob saw angels ascending and descending.
- 25 Bartholomew
- 26 Jesus' hometown.
- 27 Work the Word performed in the beginning.

### Down

- 1 John unworthy to loose this.
- 3 Made by the Word.
- 4 When the Word was with God.
- 5 Jesus' legal father.
- 6 What the darkness could not comprehend.
- 7 Master or teacher.
- 8 Hometown of Philip, Andrew and Peter.

- 10 What the Word was to men.
- 12 Probably Nathanael's brother (Lk. 6:14).
- 14 Andrew and Philip were this to John.
- 17 Prophet that wore a leather girdle.
- 19 Jesus saw Nathanael sitting under this kind of tree.
- 20 One of the places where John baptized.
- 21 Region of northern Palestine.
- 24 Hebrew equivalent of Peter.



# Fathers Day Word Search

Find the hidden words

S S D S S R L G Z T X K R L B  
T E F L W E A L H I I A G N A  
R K U O E T X O A S P H U G S  
O O N O E H U U S B T R A E H  
P J N T T G D E V O T E D G V  
S T Y O H U S L S U M O N M G  
F V C T H A W E R O Z O O N W  
V I F E G L I E H Q R L I F H  
D U S I P R T C E T O R P L O  
L A F H O S F N S V A J G A L  
E T D M I U E A E C G U I I I  
S I E D J N Z R T R W N V C D  
A M T L Y Z G O I H A E I E A  
F A M I L Y B R A V E P N P Y  
N E R D L I H C Q B B R G S O

<b>BBQ</b>	<b>FATHER</b>	<b>HOLIDAY</b>	<b>LAUGHTER</b>	<b>SPECIAL</b>
<b>BRAVE</b>	<b>FISHING</b>	<b>HOME</b>	<b>LOVE</b>	<b>SPORTS</b>
<b>CARING</b>	<b>FOOTBALL</b>	<b>HONOR</b>	<b>MEMORIES</b>	<b>STRONG</b>
<b>CHILDREN</b>	<b>FUNNY</b>	<b>HUGS</b>	<b>NURTURE</b>	<b>SWEET</b>
<b>DADDY</b>	<b>GIFTS</b>	<b>JOKES</b>	<b>PARENT</b>	<b>THOUGHTFUL</b>
<b>DEVOTED</b>	<b>GIVING</b>	<b>JUNE</b>	<b>PROTECT</b>	<b>TIE</b>
<b>FAMILY</b>	<b>HEART</b>	<b>KISSES</b>	<b>RESPECT</b>	<b>TOOLS</b>



# CHECK OUR WEBSITE FOR EVENTS & SCHEDULES



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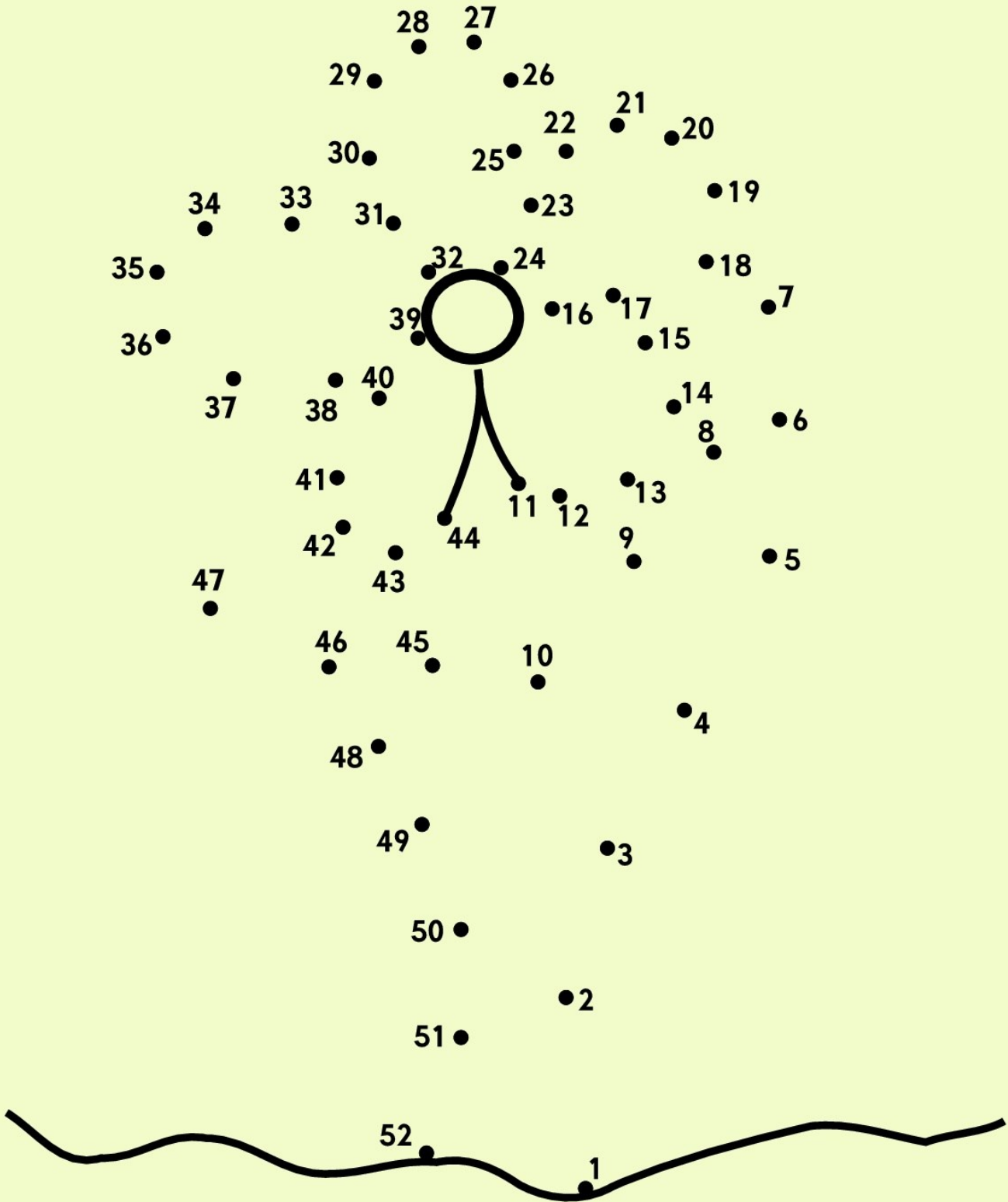
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Send Letters and comments about any article, include your name, address, and email to:  
**Letters to the Editor**

*"The Word Made Alive"*

MAGAZINE  
Harmony Ministries USA, Inc.  
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Lakehurst, NJ 08733

*Selected letters may be edited  
for length and clarity.  
Harmony Ministries USA, Inc.*



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**TO:**

**Weekly Service**

**Monday through Friday Early Morning Prayer & Devotion 6-7am**

**Saturday Morning Prayer & Devotion 8-9am**

**Wednesday Bible Class 10am**

**Thursday Evening Bible Class 7pm**

**Sunday Service 9am**

**Youth Ministry Department**

**Youth Group 1st and 3rd Wednesday each month.**

**Purity Program meets 1st Saturday of each month at 1:30pm**

**Special Programs To Be Announced!**